







Benator Michael Gibbons
District 15







TABLE OF CONTENTS

Crisis Services	. 3
Hospitals	. 3
Senior Citizen Services	. 5
Elected Officials: President Federal State Government	. 8
Statewide Elected Officials	11
St. Louis County Government: Elected Officials	12 12
Hotlines	. 13
Recycling	. 17
Other Important Agencies	19
Municipalities	20
Chambers of Commerce	. 21
Consumer Protection	22
Counseling and Guidance	22
Employment	24
Financial Services: Social Security Veterans Benefits Social Services	24 25 25
Health: Medicare Medicaid County Health Services	26 26 27
Legal	27
Tax Information	28
Transportation	29
School Districts	30
Voter Registration	31
Capital City Tours	32

CRISIS SERVICES	Barnes Jewish Hospital	
AA - Alcoholics Anonymous 647-3677	www.barnesjewish.org	
www.aastl.org	Cardinal Glennon	
Aid to Family's	Children's Hospital	577-5600
with Dependent Children 800-392-1261	1465 S. Grand Blvd. 63104	
AIDS Hot Line	www.cardinalglennon.com	
Arson Hot Line 800-392-7766	Des Peres Hospital	966-9100
Cancer Information Services 800-422-6237 www.hsc.missouri.edu/~ellisfischel	2345 Dougherty Ferry Rd. 63122 www.despereshospital.com	700 7100
Child Abuse and Neglect	•	5 60 2000
Hot Line 800-392-3738	Forest Park Hospital	768-3000
Local	6150 Oakland Ave. 63139	
Drug & Alcohol Rehabilitation	www.forestparkhospital.com	
Treatment (DART) Center 314-534-1220	Missouri Baptist Medical Center	996-5000
Crisis Hot Line 800-711-6402	3015 N. Ballas Road 63131	
Elderly Abuse and Neglect	www.missouribaptistmedicalcenter.org	
Hot Line	South Point Hospital	268-6000
Mental Health Crisis Hot Line 314-469-6644	2639 Miami 63118	200-0000
National Suicide Hot Line 800-SUICIDE		
www.suicidehotlines.com/missouri.html	St. Anthony's Medical Center	525-1000
Missing Children Hot Line 800-843-5678	10010 Kennerly Road 63128	
National Runaways	stanthonysmedcenter.com	
Switchboard 800-621-4000	St. John's Mercy Medical Center	569-6000
www.nrscrisisline.org	615 S. New Ballas Road 63141	
Parental Stress Help Line 800-367-2543	mercy-fammed.com	
Poison Control Center (Regional) 314 772-5200	St. Joseph's Hospital of Kirkwood	066-1500
Rape & Abuse Hot Line 800-303-0013	525 Couch Ave. 63122	700-1300
Relay Missouri (for deaf individuals)	www.stjosephkirkwood.com	
(TDD) 800-735-2966		
(Voice) 866-735-2460	St. Louis Children's Hospital	454-6000
www.relaymissouri.com	One Children's Place 63110	
Suicide Crisis Prevention/Life Crisis	www.childrenshospitalstl.org	
Services Hot Line 314-647-4357	Pediatric Answer Line	454-5437
Teen Hot Line (evenings/weekends) 314-644-5886	www.stlouischildrens.org	
1423 S. Big Bend Blvd.	St. Luke's Hospital	434-1500
St. Louis, MO 63117	232 S. Woods Mill Road 63017	
Women's Crisis Line Hot Line 531-2003	stlukes-stl.com	
(domestic violence, rape or incest)		7/0 0000
Runaway National Hot Line 800-999-9999	St. Mary's Health Center	768-8000
HOSPITALS	www.stmarys-stlouis.com	
St. Alexius Hospital		

SENIOR CITIZEN SERVICES

CORP

(County Older Resident Programs)

CORP is a division of the St. Louis County Department of Human Services. CORP provides a variety of programs and services designed to help adults 60 years of age and older live independently in their own homes as long as possible. If you are interested in participating or volunteering in the program, contact the following:

Central Info & Referral 314-615-4516 121 S. Meramec St. Louis, MO 63105 www.stlouisco.com/dhs/corp.html

Programs Offered By CORP

Crime Prevention and Home Safety
Home Care and Repair
Information and Referral
Legal Assistance
Tax & Circuit Breaker Preparation
Transportation
Visitor/Connect

CLAIM

MEAAA

The Mid-East Area Agency on Aging provides services and programs for adults 60 years or older of all income levels in St. Louis, Jefferson, Franklin and St. Charles counties. The services offered are too numerous to mention here, but included are Older Adults Transportation (OATS), Meals on Wheels, and access to Senior Centers.

Mid-East Area Agency on Aging . 636-207-0847 14535 Manchester Road Manchester, MO 63011 mid-eastaaa.org

If help is needed to tend to basic needs in the home, if minimum standards for care or cleanliness are not being met in a nursing home, or if you feel you have been swindled or taken advantage of, an investigation will be made, and you may request a copy of the report.

MEDICAID

Often a senior citizen's income is at a level eligible for Medicaid, a health assistance program administered by the state according to federal guidelines. A person can be covered by both Medicare and Medicaid if eligibility requirements are met. For information, contact

Missouri Div. of Family Services 426-9600 9900 Page Avenue St. Louis, MO 63132 www.dss.mo.gov/cd/office/stlouiscounty.htm

Day care facilities for the elderly

Need a Helping Hand?	ELECTED OFFICIA
Eastern Missouri Elderly Law Unit Legal Services - Intake Dept 534-4200 www.lsem.org (Free legal services for the elderly, civil cases only) Meals on Wheels	President George W. Bush The White House 1600 Pennsylvania Ave. Washington, D.C. 20500 www.whitehouse.gov/president
(For a hot dinner delivered to your home)	Richard "Dick" B. Cheney
Mid-East Area Agency on Aging 636-207-0847 www.mid-eastaaa.org Missouri Department of Revenue for	Office of the Vice-President Old Executive Office Building Washington, D.C. 20500 www.whitehouse.gov/vicepresid
Senior Citizens Tax Relief 301-1660	White House Switchboard
www.dor.state.mo.us/tax/ (Assistance available)	FEDERAL GOVER
Missouri Division of Health and	United States Senators:
Senior Services- Alternative Care/ Homemaker Services	Christopher (Kit) Bond 274 Russell Bldg. Washington, D.C. 20510-2503 bond.senate.gov
Older Adults Transportation System (OATS) South County	St. Louis Office:
Public Service Commission	St. Louis, MO 63105 Jim Talent
St. Louis County Housing Authority (Rent assistance)	493 Russell Senate Office Buildi Washington, DC 20510 1
SenioRX Program Toll Free 1-866-556-9316 www.dhss.mo.gov/MoSeniorRx	United States Congressmen:
	1ST District
WHO ARE MY ELECTED REPRESENTATIVES?	Rep. William L. Clay, Jr
	D' 4 ' 4 Off'

Find out at the following website:

http://www.senate.state.mo.us/zipcode/leg_lookup.htm

g esident

..... 202-456-1414

ERNMENT

Christopher (Kit) Bond 202-224-5721
274 Russell Bldg.
Washington, D.C. 20510-2503
bond.senate.gov
St. Louis Office:
Jim Talent
493 Russell Senate Office Building . 202-224-6154 Washington, DC 20510 Fax: 202-228-1518

n:

..... 202-225-2406

District Offices:

625 N. Euclid, Ste. 220	367-1970
8525 Page Blvd	890-0349

-7-

Rep. Todd Akin	2ND District	Margaret Donnelly-Dist. 73
Washington, D.C. 20515		
District Office: 314-590-0029 812 Ann Lynn Ct St. Louis, MO 63011 820 S. Main 636-949-6826 St. Charles, MO 63001 870 District 870 St. Charles, MO 6301 870 District 870 St. Charles, MO 6302 870 St. Charles, MO 63123 870 St. Charles, MO 63028 871 St. Charles, MO 63021		
SIZ Ann Lynn Ct		www.nouse.state.mo.us/omso-1/memoer/memo/5.nun
St. Louis, MG 63011	District Office:	Jim Lembke-Dist. 85
Section Sect		812 Ann Lynn Ct
820 S. Mann	Ballwin, MO 63011	
10 Ridgeline		
Rep. Richard A. Gephardt 202-225-2671 232	3RD District	
District Offices	1236 Longworth Building Washington, D.C. 20515	Warson Woods, MO 63122
11140 S. Towne Square, Ste. 201	dickgephardt.house.gov	
St. Louis, MO 63123 Boatman's Bank Building 636-937-6399 998 E. Gannon Drive Festus, MO 63028 STATE GOVERNMENT www.state.mo.us I5TH SENATORIAL DISTRICT MISSOURI STATE REPRESENTATIVES District Office 966-2526 148 W. Adams Kirkwood, MO 63122 I5TH SENATORIAL DISTRICT MISSOURI STATE REPRESENTATIVES You may write to your state representative at the following Jefferson City address: House Post Office State Capitol Jefferson City, MO 65101 Listed below are the names and home addresses of your area state representatives: Michael Vogt. Dist. 66 659 West Kirkham Webster Groves, MO 63119 www.house.state.mo.us/bills041/member/mem091.htm Webster Groves, MO 63119 www.house.state.mo.us/bills041/member/mem092.htm Charles Portwood-Dist. 92 636-230-0142 370 Stormy Oak Dr. Ballwin, MO 63021 www.house.state.mo.us/bills041/member/mem092.htm Jody Stefanick-Dist. 93 636-227-9787 1740 Highview Circle Ct. Ballwin, MO 63021 www.house.state.mo.us/bills041/member/mem093.htm Kirkwood, MO 63122 Www.house.state.mo.us/bills041/member/mem094.htm Jim Avery-Dist. 95 302-5553 7939 Royal Arms Court Apt. 4 Crestwood, MO 63123 www.house.state.mo.us/bills041/member/mem095.htm Patricia Yeager-Dist. 96 631-7194 729 Reed Avenue St. Louis, MO 63125 www.house.state.mo.us/bills041/member/mem096.htm		
Boatman's Bank Building 636-937-6399 998 E. Gannon Drive Festus, MO 63028 STATE GOVERNMENT www.house.state.mo.us/bills041/member/mem091.htm Charles Portwood-Dist. 92 636-230-0142 370 Stormy Oak Dr. Ballwin, MO 63021 www.house.state.mo.us/bills041/member/mem092.htm Michael R. Gibbons 573-751-2853 State Capitol, Room 226 Jefferson City, MO 65101 www.senate.state.mo.us/gibbons District Office 966-2526 148 W. Adams Kirkwood, MO 63122 I5TH SENATORIAL DISTRICT MISSOURI STATE REPRESENTATIVES You may write to your state representative at the following Jefferson City address: House Post Office State Capitol Jefferson City, MO 65101 Listed below are the names and home addresses of your area state representatives: Michael Vogt- Dist. 66 6035 Weber Kirkham Webster Groves, MO 63119 www.house.state.mo.us/bills041/member/mem091.htm Charles Portwood-Dist. 92 636-230-0142 370 Stormy Oak Dr. Ballwin, MO 63021 www.house.state.mo.us/bills041/member/mem092.htm Michael R. Gibbons 573-751-2853 Fichard G. Byrd-Dist. 94 966-6621 Richard G. Byrd-Dist. 95 1740 Highview Circle Ct. Ballwin, MO 63122 www.house.state.mo.us/bills041/member/mem093.htm Patricia Yeager-Dist. 96 631-7194 729 Reed Avenue St. Louis, MO 63125 www.house.state.mo.us/bills041/member/mem096.htm		
Webster Groves, MO 63119 Www.house.state.mo.us/bills041/member/mem091.htm Charles Portwood-Dist. 92 636-230-0142 370 Stormy Oak Dr. Ballwin, MO 63021 Www.house.state.mo.us/bills041/member/mem092.htm Charles Portwood-Dist. 92 636-230-0142 370 Stormy Oak Dr. Ballwin, MO 63021 Www.house.state.mo.us/bills041/member/mem092.htm Michael R. Gibbons 573-751-2853 State Capitol, Room 226 Jefferson City, MO 65101 Www.senate.state.mo.us/gibbons District Office 966-2526 148 W. Adams Kirkwood, MO 63122 I5TH SENATORIAL DISTRICT MISSOURI STATE REPRESENTATIVES You may write to your state representative at the following Jefferson City address: House Post Office State Capitol Jefferson City, MO 65101 Listed below are the names and home addresses of your area state representatives: Michael Vogt- Dist. 66 6355 Weber Road St. Louis, MO 63123		· · · · · · · · · · · · · · · · · · ·
STATE GOVERNMENT www.state.mo.us 15th SENATORIAL DISTRICT MISSOURI STATE SENATOR Michael R. Gibbons 573-751-2853 State Capitol, Room 226 Jefferson City, MO 65101 www.senate.state.mo.us/gibbons District Office 966-2526 148 W. Adams Kirkwood, MO 63122 I5th SENATORIAL DISTRICT MISSOURI STATE REPRESENTATIVES You may write to your state representative at the following Jefferson City address: House Post Office State Capitol Jefferson City, MO 65101 Listed below are the names and home addresses of your area state representatives: Michael Vogt- bist. 66 631-0828 6035 Weber Road St. Louis, MO 63123		
370 Stormy Oak Dr. Ballwin, MO 63021 www.state.mo.us Michael R. Gibbons 573-751-2853 State Capitol, Room 226 Jefferson City, MO 65101 www.senate.state.mo.us/gibbons District Office 966-2526 148 W. Adams Kirkwood, MO 63122 MISSOURI STATE REPRESENTATIVES You may write to your state representative at the following Jefferson City address: House Post Office State Capitol Jefferson City, MO 65101 Listed below are the names and home addresses of your area state representatives: Michael Vogt- Dist. 66 631-0828 6035 Weber Road St. Louis, MO 63123		
15TH SENATORIAL DISTRICT MISSOURI STATE SENATOR Michael R. Gibbons 573-751-2853 State Capitol, Room 226 Jefferson City, MO 65101 www.senate.state.mo.us/gibbons District Office 966-2526 148 W. Adams Kirkwood, MO 63122 **The SENATORIAL DISTRICT** MISSOURI STATE REPRESENTATIVES You may write to your state representative at the following Jefferson City address: House Post Office State Capitol Jefferson City, MO 65101 Listed below are the names and home addresses of your area state representatives: Michael Vogt- Dist. 66 631-0828 6035 Weber Road St. Louis, MO 63123 **Wow.house.state.mo.us/bills041/member/mem095.htm* Www.house.state.mo.us/bills041/member/mem095.htm **State Capitol Patricia Yeager-Dist. 96 631-7194 729 Reed Avenue St. Louis, MO 63125 **www.house.state.mo.us/bills041/member/mem096.htm* **Patricia Yeager-Dist. 96 631-7194 729 Reed Avenue St. Louis, MO 63125 **www.house.state.mo.us/bills041/member/mem096.htm* **The SENATORIAL DISTRICT** Michael Vogt- Dist. 66 631-0828 6035 Weber Road St. Louis, MO 63123		370 Stormy Oak Dr.
MISSOURI STATE SENATOR Michael R. Gibbons 573-751-2853 State Capitol, Room 226 Jefferson City, MO 65101 www.senate.state.mo.us/gibbons District Office 966-2526 148 W. Adams Kirkwood, MO 63122 Richard G. Byrd-Dist. 94 966-6621 815 Twin Pine Drive Kirkwood, MO 63122 Www.house.state.mo.us/bills041/member/mem094.htm 15TH SENATORIAL DISTRICT MISSOURI STATE REPRESENTATIVES You may write to your state representative at the following Jefferson City address: House Post Office State Capitol Jefferson City, MO 65101 Listed below are the names and home addresses of your area state representatives: Michael Vogt- Dist. 66 631-0828 6035 Weber Road St. Louis, MO 63123		
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148 W. Adams Kirkwood, MO 63122 ***B15 Twin Pine Drive Kirkwood, MO 63122 ***www.house.state.mo.us/bills041/member/mem094.htm 15TH SENATORIAL DISTRICT MISSOURI STATE REPRESENTATIVES You may write to your state representative at the following Jefferson City address: House Post Office State Capitol Jefferson City, MO 65101 Listed below are the names and home addresses of your area state representatives: Michael Vogt- Dist. 66 631-0828 6035 Weber Road St. Louis, MO 63123		
Kirkwood, MO 63122 **Sirkwood, MO 63122 **www.house.state.mo.us/bills041/member/mem094.htm} **ISTH SENATORIAL DISTRICT** **MISSOURI STATE REPRESENTATIVES** You may write to your state representative at the following Jefferson City address: **House Post Office** State Capitol** Jefferson City, MO 65101 Listed below are the names and home addresses of your area state representatives: **Michael Vogt- Dist. 66** **Michael Vogt- Dist. 66** 631-0828 6035 Weber Road St. Louis, MO 63123 **Www.house.state.mo.us/bills041/member/mem096.htm} **St. Louis, MO 63125** **www.house.state.mo.us/bills041/member/mem096.htm}		
15TH SENATORIAL DISTRICT MISSOURI STATE REPRESENTATIVES You may write to your state representative at the following Jefferson City address: House Post Office State Capitol Jefferson City, MO 65101 Listed below are the names and home addresses of your area state representatives: Michael Vogt- Dist. 66		
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Jefferson City, MO 65101 Listed below are the names and home addresses of your area state representatives: Michael Vogt- Dist. 66		
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Michael Vogt- Dist. 66		
6035 Weber Road St. Louis, MO 63123		St. Louis, MO 63125
St. Louis, MO 63123	your area state representatives:	St. Louis, MO 63125
	your area state representatives: Michael Vogt- Dist. 66	St. Louis, MO 63125
	your area state representatives: Michael Vogt- Dist. 66	St. Louis, MO 63125

-9-

STATEWIDE ELECTED OFFICIALS

St. Louis, MO 63101

Governor Bob Holden 573-751-3222	www.stlouisco.com
Executive Office	ELECTED OFFICIALS
P.O. Box 720, Jefferson City, MO 65102	Charles Dooley
www.gov.state.mo.us	County Executive
St. Louis Office	www.stlouisco.com/budget/Budget2004_Final/
111 N. Seventh St., Suite 929	St. Louis County Council
St. Louis, MO 63101	Clayton, MO 63105
Lt. Governor Joe Maxwell 573-751-4727	www.stlouisco.com/council
State Capitol, Room 121A Jefferson City, MO 65101	John Campisi, 6TH District 615-5442
www.ltgov.state.mo.us	41 South Central St. Louis, MO 63105
St. Louis Office: 340-7228	www.stlouisco.com/council/district6.html
Wainwright State Office Building 111 N. Seventh St., Suite 259	Greg Quinn, 7TH District 615-5443
St. Louis, MO 63101	41 South Central
Secretary of State Matt Blunt 573-751-2379	St. Louis, MO 63105 www.stlouisco.com/council/district7.html
State Capitol, Room 208	
Jefferson City, MO 65101	COUNTY GOVERNMENT DEPARTMENTS
www.sos.state.mo.us	Information Desk
St. Louis Office: 340-7490	Administration:
Wainwright State Office Building	Bruce Kendrick, Director
111 N. Seventh St., Room 225	Health Department: Jacquelynn Meeks, Director 615-1600
St. Louis, MO 63101	www.stlouisco.com/doh
State Treasurer Nancy Farmer 573-751-2411 State Capitol, Room 229	Highways & Traffic:
Jefferson City, MO 65101	Michael Dooley, Director 615-8504
www.sto.state.mo.us	www.stlouisco.com/hwyweb
State Auditor Claire McCaskill 573-751-4824	Human Services: Marilyn Robinson, Director 615-4485
State Capitol, Room 224 800-347-8597	www.stlouisco.com/dhs
Jefferson City, MO 65101 www.auditor.state.mo.us	Metropolitan Sewer District:
Attorney General Jay Nixon 573-751-3321	Jeffrey Theerman, Exec. Director 768-6200
P.O. Box 899, Jefferson City, MO 65102	www.msd.st-louis.mo.us
www.ago.state.mo.us	Parks & Recreation: Linday Swaniak Acting Director 214 615 5454
St. Louis Office: 340-6816	Lindsey Swanick, Acting Director . 314-615-5454 www.stlouisco.com/parks
Laclede Gas Building	
720 Olive St., Suite 2150	

ST. LOUIS COUNTY GOVERNMENT

ng:	DIG Rite
wers, Director 615-2520	Dislocated Workers/Training 8
ouisco.com/plan	Division of Family Services
Police: y Lee	Hot Line 8 www.dss.state.mo.us/can.htm
(emergency) 911 (non-emergency) 889-2341	Division of Senior Services Hot Line
ic Works: / Earls, Director 615-5184	Don't Call List
.stlouisco.com/pubworks	EEOC St. Louis
enue:	Economic Develop. Programs 8
ert H. Peterson, Director 615-5500	Emissions Locations
Muehlheausler, Assessor 615-2555	Energy Conservation Info
nue.stlouisco.com	Environmental Spills
rd of Equalization 615-7195	MO Dept. Natural Resources
appeal property tax assessments) S. Central, 2nd floor, Clayton, MO 63105	Fair Housing and Equal Opportunity
·	Hot Line 8
rd of Police Commissioners 615-4260	Family Care Registry 8
rd of Elections	Family Support Payment Center 8
v.strouisco.com/cicctions	Father's Rights
	Federal Deposit Insurance
HOTLINES	Corp Chicago {
r directory assistance with	Corp Chicago 8
r directory assistance with 1-free numbers	Corp Chicago 8 www.fdic.gov
r directory assistance with -free numbers	Corp Chicago 8 www.fdic.gov Federal Communications Com 8
directory assistance with free numbers	Corp Chicago
directory assistance with free numbers	Corp Chicago
directory assistance with free numbers	Corp Chicago
directory assistance with free numbers	Corp Chicago
r directory assistance with 1-free numbers 800-555-1212 FDC Hot Line 800-392-1261 Aid to Families with Dependent Children son Alert Program 800-392-7766 k MODOT 888-275-6636 torney General Hot Line 800-392-8222 ditor's Office 800-347-8597 tter Business Bureau-St. Louis 645-3300	Corp Chicago www.fdic.gov Federal Communications Com
# directory assistance with -free numbers	Corp Chicago
r directory assistance with I-free numbers	Corp Chicago www.fdic.gov Federal Communications Com
r directory assistance with I-free numbers	Corp Chicago www.fdic.gov Federal Communications Com
r directory assistance with -free numbers 800-555-1212 DC Hot Line 800-392-1261 Aid to Families with Dependent Children) son Alert Program 800-392-7766 A MODOT 888-275-6636 corney General Hot Line 800-392-8222 ditor's Office 800-347-8597 cter Business Bureau-St. Louis 645-3300 ntral MO Regional Center 888-671-1041 ild Support Payment Center 800-225-0530 ild Support Customer clations Help Line 800-859-7999	Corp Chicago www.fdic.gov Federal Communications Com
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-13-

(Confidential - Counseling & Referral)

Highway & Trans./permits 800-877-8499	Public Service Commission Consumer Hot Line 800-392-4211
Housing Discrimination 800-669-9777	
Insurance-Consumer Problems 800-726-7390	Relay MO/Deaf Phone Service 800-735-2966 Non-Impaired 800-735-2466
Legal Services	Runaway/Troubled Youth National Hot Line 800-621-4000
Long-Term Care Ombudsman	National Hot Line 800-021-4000
Program	School Violence
	SIDS Resources 800-421-3511
Medicaid-Medical Services 800-392-2161 Appeals/Reviews 800-392-8030	Small Business Administration 539-6600
Medicaid-Providers 800-392-0938	Social Security Information 800-772-1213 www.ssa.gov
Medicare Information 800-633-4227 www.momedicare.com	Social Services-Civil Rights 800-776-8014
Missouri Bar Lawyer Referral 573-636-3635 www.mobar.net/pamphlet/referral.htm	State Parks & Historic Sites800-334-6946Suicide Hot Line800-SUICIDE
Missouri Commission	Tourism 800-877-1234
on the Humanities 781-9660	Unemployment-Claims/Requests 800-320-2519
Missouri Dental Association 573-634-3436	Utility Complaints 800-392-4211
www.modental.org	Waste In State Government 800-347-8597
Missouri Medical Association 573-636-5151	Welfare Fraud 800-392-1261
www.msma.org	Wolfner State Library 800-392-2614
Missouri Senate Hot Line 800-877-5982 (bill tracking information - Jan May)	Women's Entrepreneurial Training Program 595-4586
www.senate.state.mo.us Missouri Natural Resources 800-334-6946 (for information)	Women's Support and Community Services
www.dnr.state.mo.us MOST Program (Higher Ed.) 888-414-6678	Veterans Administration 800-827-1000 www.mvc.state.mo.us
National Hwy Traffic Safety 800-424-9393	United Way Voluntary Action Center . 539-4063
National Resources Info 800-361-4827	ometa (vaj volantar) riedon center (55) 1005
Occupational Safety & Health 800-392-7743	
Operation Game Thief 800-392-1111	
Organ Donor Program 800-366-6791	
OSHA (Occupational Safety & Health Administration)	
Public Assistance Inquiry/Complaints Information Hot Line 800-392-1261	

-15-

RECYCLING INFORMATION

Affton
Crestwood
Fenton
Glendale
Kirkwood
Optional curb-side service from Earth Circle
Manchester
Marlborough Recycling dumpster, 7826 Wimbeldon
Oakland
Shrewsbury
Sunset Hills Curb-side service available at extra fee through trash service. Excel (314)

Valley Park
Warson Woods
Webster Groves 636-947-5959 Curb-side service from Midwest Waste
Wilbur Park
Winchester
For areas of unincorporated St. Louis County, contact the Department of Health
For further information, contact the St. Louis County Department of Health, Waste Management Hotline at 286-9200
For newspaper recycling facilities, check your local schools and churches for receptacles provided by Abitibi Consolidated. Please call

YOU MAY WISH TO CONTACT OTHER IMPORTANT AGENCIES

Planning an outing? National Weather Service 636-441-8467 Forecasts and Temperatures Lambert Field www.crh.noaa.gov/lsx
Vital Records, Department of Health
Birth 573-751-6387
Death 573-751-6387
Marriage and Divorce 573-751-6387
www.health.state.mo.us/BirthAndDeathRecords/BirthAndDeathRecords.html
Department of Insurance
(Regarding consumer inquiries and complaints involving insurance)
Jefferson City Office 573-751-2640
St. Louis Office 340-6830
Hot Line 800-726-7390
www.insurance.state.mo.us
AA-Alcoholics Anonymous 647-3677
2683 S. Big Bend Blvd.
St. Louis, MO 63143
www.aastl.org
Mental Health Association 773-1399
1905 S. Grand
St. Louis, MO 63104
www.mhagstl.org
National Council on Alcoholism
and Drug Abuse (<i>St. Louis Area</i>) 962-3456
8790 Manchester
St. Louis, MO 63144
www.ncada-stl.org
St. Louis County Family Mental
Health Services
Central Office
South County Office 615-4072
www.stlouisco.com/doh/hlthctrs/fmh_ctr/fmh.html
St. Louis County Animal Control 726-6655
South Office
www.stlouisco.com/doh/environ/animals/animals.html
St. Louis County Library
Headquarters
(Offers delivery services for shut-ins or handicapped)
1640 S. Lindbergh Blvd.
St. Louis, MO 63131
www.slcl.lib.mo.us

MUNICIPALITIES

www.stlouisco.com/scripts/communities/

Affton
Crestwood
Fenton 636-343-2080
Glendale 965-3600
Grantwood Village 842-4409
Kirkwood 822-5802
Mackenzie
Manchester 636-227-1385
Marlborough 962-5055
Oakland 965-4600
St. George 631-1295
Shrewsbury 647-5795
Sunset Hills
Twin Oaks 636-225-7873
Valley Park 636-225-5171
Warson Woods
Webster Groves
Wilbur Park
Winchester 636-391-0600

CHAMBERS OF COMMERCE

Affton Chamber of Commerce		
10203 Gravois Road		
Affton, MO 63123 849-6499		
FAX 849-6399		
www.afftonchamber.com		
Crestwood-Sunset Hills Area Chamber of		
Commerce		
9058 A Watson Road		
Crestwood, MO 63126 843-8545 FAX 843-8526		
www.ourchamber.com		
Fenton Area Chamber of Commerce		
1720-F West Park Center Dr.		
Fenton, MO 63026 636-717-0200		
FAX 636-717-0214		
www.fentonmochamber.com		
Kirkwood Area Chamber of Commerce 138 W. Madison		
Kirkwood, MO 63122-4201 821-4161		
FAX 821-5229		
www.kirkwoodarea.com		
South St. Louis County Chamber of Commerce		
6921 S. Lindbergh		
St. Louis, MO 63125 894-6800		
FAX 894-6888		
www.southcountychamber.com		
·		
Webster Groves/Shrewsbury Area Chamber of		
Commerce		
46 West Lockwood Avenue		
Webster Groves, MO 63119 962-4142		
FAX 902-9398		
www.webstershrewsburychamber.com		
West County of St. Louis Chamber of Commerce 14811 Manchester Rd., Ste. 100		
Wildwood, MO 63011-4913 636-230-9900		
FAX 636-230-9912		
www.westcountychamber.com		

CONSUMER PROTECTION

It has been said the best defense is a good offense. The best protection against being defrauded or deceived is careful shopping. The agencies listed below are not just places to go when you have a grievance but are good places to check the record of particular products or businesses before you make a purchase.

r · · · · · · · · · · · · · · · · · · ·		
Better Business Bureau 12 Sunnen Drive, Ste. 121 645-3300 St. Louis, MO 63143-1400		
FAX 645-2666		
www.stlouis.bbb.org		
Trade Offense Division - Consumer Fraud		
Enforcement		
FAX 340-7957		
Office of the Attorney General		
Wainwright State Office Building		
111 N. Seventh St., Suite 204		
St. Louis, MO 63101		
www.ago.state.mo.us/consumers.htm		
Complaint Section Hot Line 800-392-8222		

COUNSELING & GUIDANCE

There are times when you just need someone to talk to. In addition to our churches and synagogues, there are several counseling and guidance centers serving children and adults in St. Louis County.

Alcohol & Drug Abuse

incomor ee Drug insuse	
Regional Office	877-0370
S	FAX 877-0392
St. Louis Psychiatric Rehabil	litation Center
Mail Stop A419, 4 th Floor	
5400 Arsenal	
St. Louis, MO 63139	
www.dmh.missouri.gov/ada/o	rg/districts.htm
Rehabilitation Services	
	877-0151
	FAX 877-0168
2 Campbell Plaza, Floor 3B	
St. Louis, MO 63139	
www.dss.mo.gov/dfs/rehab/in	dex.htm

Division of Children and Youth Services
St. Louis, MO 63101 www.dss.state.mo.us
Missouri Protection and Advocacy Services 961-0679
(protecting human and legal rights for people with disabilities) 2941 South Brentwood St. Louis, MO 63144 www.moadvocacy.org
Productive Living Board for St. Louis County Citizens with Developmental Disabilities 314-726-2606 FAX 314-726-1907
121 Hunter, Suite 200 St. Louis, MO 63124 www.plboard.com
St. Louis Crisis Nursery South
St. Louis Metro Alliance for the Mentally Ill
St. Louis Regional Center for the Developmentally Disabled 314-340-6500 FAX 314-340-6522
211 N. Lindbergh Blvd. St. Louis, MO 63141 www.dmh.missouri.gov/slrc/index.htm
County Office
SLRC - St. Louis City Office 3101 Chouteau St. Louis, MO 63103
Self-Help Center
Missouri Vocational Rehabilitation Central Office
FAX 573-751-1441 3024 Dupont Circle Jefferson City, MO 65109-0525

EMPLOYMENT

There are two parts to getting a job. First, you have to know it's available, and second, you have to have the required qualifications. For the location of the largest file of available jobs and to apply for unemployment compensation, contact

Work Force Development Center
Department of Economic Development

2780 N. Lindbergh 63114-1108 877-2748 www.ded.mo.gov/employment/workforcedevelopm ent

www.dolir.state.mo.us/wc

For specialized guidance, training, and preparation for job interviews, try

3024 Dupont Circle Jefferson City, MO 65109-0525 www.vr.dese.mo.gov

7545 South Lindbergh Blvd., Ste.120 St. Louis, MO 63125

FINANCIAL SERVICES

SOCIAL SECURITY

Almost every American reaching age 65 today is eligible for Social Security benefits on that birthday. Check your eligibility with our nearest Social Security district office at least 3 months before your

www.vr.dese.mo.gov

65th birthday. You may apply for these benefits at age 62 if you prefer, but early payment will reduce the monthly benefit amount for the rest of your life. Your Social Security district office can give you specific personal information. Take your birth certificate and Social Security card with you when you visit the SSA office.

Social Security Administration Office 800-772-1213

3890 South Lindbergh, Ste. 220

Sunset Hills, MO 63127

www.ssa.gov

The Social Security Office also makes determinations on claims for disability benefits. Benefits are paid to people who are totally disabled, if they have worked five of the last ten years.

A new program has taken the place of the federal-state programs of public assistance payments to aged, blind or disabled individuals. You may apply for this assistance, called "supplemental security income payments," at the SSA office.

VETERANS' BENEFITS

The federal government has made numerous special benefits available to veterans. To check on questions concerning disability benefits, veterans' pensions, scholarships and loans under the GI bill, contact

Veterans Administration Regional Office -400 S. 18th St., Rm. 107

St. Louis, MO 63103

www.mvc.state.mo.us

State Approving Agency -

Veterans Education 573-751-3487

P.O. Box 480

Jefferson City, MO 65102

dese.mo.gov/divcareered/veterans ed index.htm

SOCIAL SERVICES

People who are without adequate means of support may be eligible for general assistance, aid to dependent children, food stamps, Medicaid, or other programs administered by the state Department of Social Services.

Eligibility for these programs is determined by your level of income, number of people in your family, and the value of personal belongings. You must apply in person to the

Division of Family Services 426-9600 9900 Page Avenue St. Louis, MO 63132 www.dss.mo.gov/cd/office/stlouiscounty.htm

HEALTH

MEDICARE

People who are over 65 years of age or have been entitled to Social Security disability payments for 24 or more consecutive months are eligible for Medicare.

Medicare is a federal program that consists of two parts - hospital insurance and medical insurance. Hospital insurance helps pay the cost of inpatient hospital care as well as certain kinds of follow-up care. Medical insurance helps pay the cost of physicians' services, outpatient hospital services, and certain medical items and services not covered by hospital insurance.

People who use the medical insurance program must pay a basic monthly premium. Medicare hospital insurance is free of charge to people who are insured under Social Security.

Making informed decisions about home health or nursing homes can be difficult. Medicare has information that can help at www.Medicare.gov or call 1-800-Medicare.

For more information concerning Medicare benefits, contact

Social Security Administration

Office 800-772-1213

www.ssa.gov

St. Louis County Offices:

2160 Tenbrook Road 636-282-6052 Arnold, MO 63010

3890 South Lindbergh, Ste. 220 . . 800-772-1213 Sunset Hills, MO 63127

MEDICAID

Medicaid is a health assistance program administered by the state according to certain federal guidelines. Ten percent of all Americans benefit from the program, which exists in every state except Arizona.

Medicaid pays for visits to the doctor; immunization

for diseases such as measles, tetanus and polio; ambulance services in case of emergency; inpatient hospital care; yearly eye examinations; children's glasses; laboratory and X-ray services; home health care; family planning; and certain dental work and prescriptions. For more information, contact

Division of Family Services 314-426-8401 9900 Page Ave. St. Louis, MO 63132 www.dss.state.mo.us/dms

COUNTY HEALTH SERVICES

Numerous specialized health services are available from the St. Louis County Health Department, including chest X-rays, service to crippled children and adults, dental care for low-income families, and treatment for venereal disease. These services are available at area clinics throughout the county. For further information or the location of the clinic nearest you, contact

For special information regarding Missouri's Food Stamp Program, contact

Food Stamp Information 426-9600 www.dss.state.mo.us/dfs/fstamp

LEGAL

The Supreme Court has ruled that arrested people are entitled to legal counsel regardless of whether they can afford it or not. However, questions often come up about the various laws and regulations that govern our daily lives. For professional assistance contact:

Bankruptcy Court/St. Louis	539-2315	
Board of Probation and Parole		
South County	842-7374	
4452 S. Lindbergh		
St. Louis, MO 63127		
$\underline{www.corrections.state.mo.us/division/prob/prob.htm}$		
FBI-St. Louis	589-2500	
	241-5357	
Lawyers Referral and		
Information Service	621-6681	
1 Metropolitan Square		
St. Louis, MO 63102-2733		
www.mobar.org/pamphlet/referral.htm		

Legal Services of Eastern Missouri
Missouri Bar 573-635-4128
Missouri Bar
Missouri Commission on Human Rights
Missouri Protection and Advocacy Services
Public Defender - St. Louis County

TAX INFORMATION

Each year, new federal and state legislation brings changes in our tax laws. Some of these new laws bring tax relief to most, if not all of us. In any event, they do make the task of preparing income tax returns a challenging and sometimes frustrating one. For information and assistance, contact

Federal Tax Information 800-829-1040
Refunds 800-829-4477
Order Forms 800-829-3676
1222 Spruce St.
St. Louis, MO 63103
www.irs.gov
Income Tax and Business Assistance

 Missouri Department of Revenue

 Business
 314-877-0177

 Income
 314-877-0178

3256 Laclede Station Rod., Ste. 101 Maplewood, MO 63143-3753 www.dor.state.mo.us/tax

Missouri Department of Revenue

Individual Income Tax (written questions)
P.O. Box 2200
Jefferson City, MO 65105
www.dor.state.mo.us

TRANSPORTATION

For special assistance on transportation or to obtain information about our state highways, statewide law enforcement assistance or drivers' license examinations, try the following:

Bi-State Transportation Agency	 231-2345
(for bus schedules - Metrolink)	
www.metrostlouis.org	

 AMTRAK
 800-872-7245

 www.amtrak.com
 or 331-3301

 Kirkwood Station
 966-6475

 Tickets: 550 S. 16th St.

Taxicabs:

 County Cab
 991-5300

 or 993-8294

 Laclede Cab
 652-3456

 Yellow Cab
 361-2345

Missouri Highway Patrol Troop C Headquarters 340-4000

599 S. Mason Road St. Louis, MO 63141 www.mshp.dps.mo.gov

1590 Woodlake Drive Chesterfield, MO 63017-5712 www.modot.state.mo.us

West County License Office 636-230-0643

#12 Ballwin Plaza 15425 Manchester Road Ballwin, MO 63011

revenue.stlouisco.com/licensing/default.aspx

Ballwin Drivers Examinations

Office 636-256-3951

#13 Ballwin Plaza 15425 Manchester Road Ballwin, MO 63011

SCHOOL DISTRICTS

Affton School District
Bayless School District
Kirkwood School District
Lindbergh R-VIII School District 729-2480 4900 South Lindbergh St. Louis, MO 63126 www.lindbergh.k12.mo.us
Parkway School District
Rockwood School District 636-938-2200 111 E. North St. Eureka, MO 63025 www.rockwood.k12.mo.us
Valley Park School District 636-932-3500 One Main Street Valley Park, MO 63088 www.vp.k12.mo.us
Webster Groves School District 961-1233 400 E. Lockwood Ave. Webster Groves, MO 63119 www.webster.k12.mo.us
Special School District 12110 Clayton Road St. Louis, MO 63131 www.ssd.k12.mo.us
COLLEGES
St. Louis Community College 539-5000 300 S. Broadway St. Louis, MO 63102 www.stlcc.cc.mo.us
Meramec Campus
Principia College, Elsah, IL (618) 374-2131 c/o The Principia Corporation 13201 Clayton Road
St. Louis, MO 63131-1099 434-2100 www.prin.edu/college

VOTER REGISTRATION

Voting is the right and responsibility of all qualified citizens. The only requirements are that you be at least 18 years old and that you be registered. Following is information on how to go about meeting the second requirement - getting registered.

Upon turning 17 or moving to Missouri, anyone desiring to register to vote in the state can do so by taking valid identification to a local registration location. This must be done by the 4th Wednesday prior to any election in order to vote in that particular election.

After becoming 18 and registering, you're eligible to vote in any election.

To obtain a list of the registration locations nearest you, contact the St. Louis County Board of Election Commissioners at 951-0100, or check any of the following places in your neighborhood.

- -- local library
- -- city hall or
- -- local school district office

If the need should arise for you to vote by absentee ballot, you can do so by mail or in person or a relative or guardian may apply for you at the county election board office, 12 Sunnen Drive, Suite 126, St. Louis, MO 63143.

Absentee ballots may be obtained if a person is absent from the county on election day, ill or disabled, has religious beliefs or practices preventing voting in person, is employed by an election authority or is in the armed forces.

Once you've applied for and received the absentee ballot, be sure to fill out all information on the envelope provided. The ballot then must be sent by mail or delivered in person to the election authority.

CAPITAL CITY TOURS

STATE CAPITOL 573-751-2854

Monday to Friday on the half hour, from 8 to 11:30 a.m. and 1 to 4 p.m. when the legislature is in session; otherwise on the hour.

All four floors of the State Capitol are open to the public. A guided tour lasting 30 minutes is recommended. On the tour, visitors will see the House of Representatives; the House Lounge, which contains the Thomas Hart Benton mural, "A Social History of the State of Missouri;" the rotunda and the murals of Frank Brangwyn; the Missouri State Museum; and other historic and decorative features of the building.

GOVERNOR'S MANSION 573-751-7929 www.missourimansion.org

The Governor's Mansion, home of Missouri's first families since 1871, is open for tours from 10 a.m. to 12 noon and 1 to 3 p.m. each Tuesday and Thursday except in August and December. Christmas candlelight tours are held during the holiday season. Reservations are required for groups of 10 or more. Mansion tours are accessible for people with disabilities. The Governor's Garden is available for public use, including picnics, concerts, and weddings.

JEFFERSON LANDING 573-751-3475 www.mostateparks.com/jeffersonland.htm

Daily from 8:30 a.m. to 4:30 p.m.

Jefferson Landing, one of the few remaining 19th century riverfront landings, is located on the south bank of the Missouri River between the Capitol and the Governor's Mansion. The Landing consists of three buildings: the Union Hotel, the Lohman Building, and the Christopher Maus House. The Union Hotel, once known as the Missouri Hotel, houses a gallery for art, craft, and educational exhibits. The Lohman Building served as a "boat store" and now serves as a visitors' center and support facility for the Missouri State Museum. Slide shows and a museum are available to the public.

SUPREME COURT
BUILDING 573-751-4144
www.osca.state.mo.us/sup/index.nsf

Scheduled by appointment.

Located across the street from the Capitol Building, the Supreme Court Building houses the offices of the Missouri Attorney General, as well as the State Supreme Court. Reservations are required for tours. Tours are provided when court is not in session.

HIGHWAY PATROL HEADQUARTERS 573-526-6149 www.mshp.dps.mo.gov

Weekdays from 8 a.m. to 12:00 noon and 1 to 5 p.m. (Reservations required for groups of more than 10 people.)

The Missouri State Highway Patrol's Safety Education Center and Law Enforcement Museum features law enforcement antiques and guns, alcohol, drug, and seat belt displays.

The Runge Conservation Nature Center is a 27,000 square foot facility, accessible to people with disabilities and features Missouri's habitats and wildlife, including a 3,400 gallon aquarium, a wildlife viewing area, library, art gallery, classrooms, and an auditorium.

The facility is located in the midst of 120 acres of forests and fields with five hiking trails.

MORE IMPORTANT NUMBERS

We welcome your input and suggestions! Please contact my staff and let us know your thoughts. Through periodic review, every effort is being made to keep this directory current and up-to-date. If you are aware of any corrections or changes that have not been made, we would appreciate hearing from you.

SENATOR MICHAEL GIBBONS State Capitol Building Senate Post Office Jefferson City, MO 65101 573-751-2853

e-mail: gibbonsupdate@senate.state.mo.us

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